

Activation of the remote monitoring features (tele-monitoring) of your CPAP device

Madam, Sir,

This letter concerns you insofar as you benefit from treatment of your sleep apnea with a CPAP device through our association.

In the current context of the Coronavirus and in order to limit as much as possible, in the general interest, direct interpersonal contact and/or travel that could be avoided, we have decided to generalize the telemonitoring of our patients.

This consists of a remote monitoring of your CPAP device, whereby our nursing staff will be able to check the suitability of your treatment and provide information, if necessary, to your pulmonologist (or somnologist). This modality can be activated by us, without you needing to do anything.

All we need is your consent (agreement) to remotely access your machine data (whose data is treated completely confidentially by us and communicated only to your prescribing physician). This data is in no way different from the data we pass on, regardless to the question of remote monitoring, to your doctor for his or her own monitoring of your therapy.

If you do not indicate that you do not wish to be monitored by telemonitoring by Friday, April 20, 2020 (telephone call), we will automatically activate this feature.

In the context of the current epidemic, and if you were to refuse the telemonitoring modality, consultations are possible only in the absence of any symptoms of the disease (as recommended by the health authorities).

Patients whose device does not yet allow the activation of telemonitoring will be contacted as soon as possible.

Finally, patients who have already been monitored by telemonitoring and who have already given their consent may consider this letter to be null and void. In summary, as soon as the telemonitoring of your CPAP device is activated, the situation will be as follows:

- On the date of your next regular annual check-up (or in case of a one-off need), the healthcare staff of the Ligue pulmonaire will carry out a remote data recording of your CPAP device via GSM (mobile phone connection).
- If all treatment parameters are normal, you will automatically receive the replacement consumables (mask, hose, filters, etc.) at home (no shipping outside Switzerland: the consumables will be made available at the Ligue pulmonaire's premises for patients living abroad).
- If any abnormal data were to be found, a member of staff will contact you and a physical appointment will be offered. The renewal of the material will be done at this appointment.
- If major changes concerning your health (significant weight change, presence of unusual drowsiness and/or fatigue, other treatments, etc.) have occurred during the current year, please contact us to inform us.

The face-to-face consultations scheduled for the next few weeks will most likely be cancelled and, therefore, replaced by telemonitoring. We will contact you by phone about this.

In the event of difficulties related to your treatment, you can contact the Ligue pulmonaire genevoise directly at any time, as provided for in the usual general provisions for treatment.

Please accept, Madam, Sir, our best regards.

Geneva Lung League
Bernard Meier, Director

Geneva, 16.03.2020